Hymns on Paradise

St Ephrem

Introduction and translation by SEBASTIAN BROCK

ST VLADIMIR'S SEMINARY PRESS CRESTWOOD, NEW YORK

Library of Congress Cataloging-in-Publication Data

Ephraem, Syrus, Saint, 303-373.

[Hymni de paradiso. English]

Hymns on paradise / St. Ephrem the Syrian;

[commentary] by Sebastian Brock; with a translation from Syriac by Sebastian Brock

p, cm.

Translation of: Hymni de paradiso and Section 2 of Commentarium in Genesim.

Includes bibliographical references.

ISBN 0-88141-076-4

I. Paradise—Early works to 1800. 2. Hymns, Syriac—Translations into English—Early works to 1800 3. Bible. O.T. Genesis II-III-Commentaries I. Brock, Sebastian P. II. Ephrem, Syrus, Saint, 303-373. Commentarium in Genesim. Section 2. English. 1989. III. Title

вк65.е633н9613 1990 264'.01402—dc20

89-37281

CIP

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HYMNS ON PARADISE

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St Vladimir's Seminary Press 575 Scarsdale Road, Crestwood, NY 10707 1-800-204-2665 www.svspress.com

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ISBN 978-0-88141-076-1

PRINTED IN THE UNITED STATES OF AMERICA

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in wonder at one formed of earth,
they gave thanks to his Fashioner.
Seeing his virginity
they exulted,
for it had exalted those below
and caused wonder to those above,
its contest being on earth,
its crown in Paradise.

25. With love and instruction, commingled with truth, the intellect can grow and become rich with new things, as it meditates with discernment on the treasure store of hidden mysteries. For my part, I have loved, and so learned, and become assured that Paradise possesses the haven of the victorious. As I have been held worthy to perceive it, so make me worthy to enter it!

HYMN VII

Whereas Adam and Eve had just God's commandment, we also have His promise; let this serve as a source of comfort in times of temptation. The examples of the saints, whose fruits are even fairer than those of Paradise, are there too to encourage us; so varied are the lives of the saints that everyone will find some special example among them to rejoice in and to follow. St Ephrem concludes on a characteristic personal note: contemplation of the saints also serves to rebuke him for his own sins and to make him reflect how, in seeking to please our fellow human beings rather than God, we have all too often exchanged freedom for slavery.

In times of temptation
 console yourselves with God's promises,
 for there is no deceit
 in the word of Him who repays all,
 and His treasure house is not so paltry
 that we should doubt His promise;
 He has surrendered His own Son for us
 so that we might believe in Him;
 His Body is with us,
 His assurance is with us,
 He came and gave us His keys,
 since it is for us that His treasures lie waiting.

RESPONSE: Blessed is He who, with His keys, has opened up the Garden of Life.

- 2. In the evening the world sleeps, closing its eyes, while in the morning it arises.

 He who repays is distant as it were but a night's length away; now light dawns and He is coming. Weary not, my brethren, nor suppose that your struggle will last long, or that your resurrection is far off, for our death is already behind us, and our resurrection before us.
- 3. Bear up, O life of mourning,*
 so that you may attain to Paradise;
 its dew will wash off your squalor,
 while what it exudes will render you fragrant;
 its support will afford rest after your toil,
 its crown will give you comfort,

it will proffer you fruits
in your hunger,
fruits that purify those who partake of them;
in your thirst
it will provide for you a celestial draught,
one that makes wise those who drink of it.

4. Blessed is the poor man who gazes on that place; riches are poured in profusion outside and around it; chalcedony and other gems¹ lie there cast out to prevent their defiling the glorious earth of Paradise; should someone place there precious stones or beryls, these would appear ugly and dull compared with that dazzling land.

5. Both men and women
are clothed in raiment of light;
the garments provided to cover their nakedness
are swallowed up in glory;
all the limbs' vile emotions
are silenced,
the fountains of lust
are stopped up,
anger is removed
and the soul purified
and, like wheat, it flourishes in Eden,
unchoked by thorns.

6. There virginity dances because the serpent,

who secretly poured venom into her ears, is now destroyed; the fig rushes up to her and full of joy exclaims:
"Put away your ignorant childhood—the day when you became naked and hid in my bosom.
Praise to Him who has clothed your nakedness with the robe!"

There youth exults
 because of what it has achieved;
 in Paradise it beholds
 Joseph who stripped off*
 and cast away the lust
 that flared up among the senseless;²
 it sees too the child who overcame the asp
 in its hole.³
 Samson overcame a lion,
 but a viper conquered
 and smote him, causing him straightway to lose
 his Nazirite locks.⁴

8. There the married state
finds rest after having been anguished
by the pangs of giving birth, brought on by the curse,⁵
and by the pain of childbearing;
now it sees the children
whom it had buried amid laments,
pasturing like lambs
in Eden;

¹cf Ezek. 28:13.

²Gen. 39:10. ³Isaiah 11:8. ⁴Judges 14:6, 16:16-19. ⁵Gen. 3:16.

exalted in their ranks, glorious in their splendors, they are like kindred of the spotless angels.

- 9. Thanks be to the Merciful One
 who plucked them while still young—
 the children who are
 the late fruits
 to become in Paradise
 the first fruits* of all.
 A novel sight may be seen there:
 these "fruits" pluck
 the fruiting produce,
 the firstlings pluck the firstfruits.
 In their purity both plucked
 and plucker are alike.
- 10. Bind up your thoughts, Old Age, in Paradise
 whose fragrance makes you young; its wafting scent rejuvenates you, and your stains are swallowed up in the beauty with which it clothes you. In Moses He depicted for you a parable:
 his cheeks, ashen with age, became shining and fair, 6
 a symbol of old age that in Eden again becomes young.
- 11. No blemish is in them, for they are without wickedness;

no anger is in them,
for they have no fiery temper;
no mocking scorn is in them,
for they are without guile.
They do not race to do harm—
and so themselves be harmed;
they show no hatred there,
for there they are without envy;
they pronounce no judgment there,
for there no oppression exists.

- 12. People behold themselves
 in glory
 and wonder at themselves,
 discovering where they are.
 The nature of their bodies,
 once troubled and troublesome,
 is now tranquil and quiet,
 resplendent
 from without in beauty,
 and from within with purity,
 the body in evident ways,
 the soul in hidden ways.
- 13. In Paradise the cripples,
 who had never walked, leap around;
 the deformed, who had never even crawled,
 fly about through the air;
 the eyes of the blind and deaf,
 who had yearned from the womb,
 hungering for the light
 which they had failed to see,
 now rejoice to behold
 the beauty of Paradise,
 and the mighty sound of its harps
 gives comfort to their ears.

⁶Exod. 34:29.

- 14. At him who has uttered
 no curse or abuse
 does Paradise's blessing
 rejoice all the more;
 upon him whose eyes' glance
 remained always chaste
 does Paradise's beauty
 gaze the more;
 in the limbs of him
 who quelled the venom of his thoughts
 do its springs of sweetness
 well up.
- 15. The virgin who rejected
 the marriage crown that fades
 now has the radiant marriage chamber
 that cherishes the children of light,
 shining out because she rejected
 the works of darkness.
 To her who was alone
 in a lonely house
 the wedding feast now grants tranquility:
 here angels rejoice,
 prophets delight,
 and apostles add splendor.
- 16. Fasters, who have chosen Daniel's meager diet of vegetables'
 —and before Daniel kings with their crowns bowed down and did reverence—fasters like these do the trees, not kings, extol, bowing down in all their beauty and inviting them

to turn aside to the place where they grow, and take up their abode amid their boughs, bathe in their dew and rejoice in their fruits.

- 17. Whoever has washed the feet of the saints will himself be cleansed in that dew; to the hand that has stretched out to give to the poor will the fruits of the trees themselves stretch out; the very footsteps of him who visited the sick in their affliction do the flowers make haste to crown with blooms, jostling to see which can be first to kiss his steps.
- 18. The man who abstained,
 with understanding, from wine,
 will the vines of Paradise
 rush out to meet, all the more joyfully,
 as each one stretches out and proffers him
 its clusters;
 or if any has lived
 a life of virginity,
 him too they welcome into their bosom,
 for the solitary such as he
 has never lain in any bosom
 nor upon any marriage bed.*
- 19. Those who have been crowned for our Lord's sake with the martyr's death by the sword shine out in glory there with their crowns

⁷Dan. 1:12.

because their bodies despised
the persecutors' fire.
Like stars⁸ do they blossom
in Paradise,
those seven sons of light*
with their radiant mother,
who, in their deaths,
spurned the wrath of the impious king.⁹

20. The happiness of this place
gives joy to the women who labored
in the service of the saints:
there they see that widow
who took in Elias¹0
savor Eden's delights;
instead of those two fountains
—the jar and the cruse—
which gave her her livelihood,
now the boughs of the trees
provide this in Eden
for all women who have given livelihood to the
poor.

21. Nothing there in Paradise
is useless*:
both grass and roots
bring benefit and profit;
whoever tastes them is rejuvenated,
whoever breathes in their scent grows fair;
in the bosom of its blossoms and flowers
is hidden

a veritable treasure,
a gift for those who pluck it;
the fruits of Paradise bear rich wealth
for those who gather them.

22. None toil there,
for none go hungry there;
none endure shame there,
for none do wrong there;
none feel contrition there,
for there is no cause to repent there.
Those who run the course
find rest and quiet.
None grow old there,
for none die there;
none are buried there,
for none are born there.

23. They know no worry,
for they have no suffering;
they have no fear,
for no snare awaits them;
they have no adversary,
for they have passed through the contest.
They count themselves
blessed
unendingly,
for their warfare is over;
they have taken up their crowns
and found rest in their new abode.

24. I saw that place, my brethren, and I sat down and wept, for myself and for those like me, at how my days have reached their fill,

⁸Dan. 12:3.

⁹2 Macc. 7.

¹⁰1 Kings 17:14.

dissipated one by one, faded out, 11
stolen away without my noticing;
remorse seizes hold of me
because I have lost
crown, name* and glory,
robe and bridal chamber of light.
How blessed is the person
who of that heavenly table is held worthy!

25. May all the children of light
make supplication for me there,
that our Lord may grant them
the gift of a single soul.
Thus would I have renewed occasion
to praise Him
whose hand is, to be sure,
stretched out in readiness.
May He who gives
both in justice and in grace
give to me, in His mercy,
of the treasure store of His mercies.

26. And if none who is defiled can enter that place, then allow me to live by its enclosure, residing in its shade.
Since Paradise resembles that table, let me, through Your grace, eat of the "crumbs" of its fruit which fall outside, so that I too may join those dogs who had their fill from the crumbs of their masters' tables.

- 27. And may I learn how much I will then have received from that parable of the Rich Man¹³ who did not even give to the poor man the leftovers from his banquet; and may I see Lazarus, grazing in Paradise, and look upon the Rich Man, in anguish, so that the might of justice outside may cause me fear, but the breath of grace within may bring me comfort.
- 28. Allow me to dwell by the enclosure of that Garden, so that I may be a neighbor to those within, envied by those outside.

 Yet who is able to look, at the same time, on delight and torment, to behold both Gehenna and the Garden?

 May the crown of those within rebuke me for all my sins; may the punishment of those without teach me how great is Your mercy toward me.
- 29. Who can endure
 to look on both sides,
 whose ears can stand
 the terrible cries of the wicked,
 who proclaim, in Gehenna,
 that the Just One is righteous,
 while the good utter praise
 in the Garden?

¹¹cf Ps. 89(90):9

¹²Matt. 15:27 and parallels.

¹⁸Luke 16:19.

The two sides gaze on each other in amazement, the works of each side, revealed, serve to admonish the other.

- 30. May my sins not be revealed to my brethren on that day,
 —yet by this we show how contemptible we are, Lord; if our sins are revealed to You, from whom can we hide them? I have made shame an idol for myself; grant me, Lord, to fear You, for You are mighty.
 May I feel shame and self-reproach before You, for You are gentle.
- 31. A man's neighbor has become his god:
 every moment he seeks to please him;
 if he does wrong, he feels shame before him,
 if he does him an injury, he is afraid;
 or if he does him some good,
 then he has spoiled that good by his thirst for praise.
 Such a man has become an abject slave
 in all these ways.
 The Good One gave us freedom,
 but we have reduced this to slavery.
 May we exchange, for Your lordship,
 this overlord we have made for ourselves!

HYMN VIII

St Ephrem takes comfort from the last minute repentance of the Good Thief, but this leads him on to a quandary concerning the relationship of the soul to the body in Paradise. Although he finds himself unable to offer any way out of the problems raised by Christ's words, "this day you will be with me in Paradise" (Luke 23:43), St Ephrem is quite clear in his mind that the soul cannot enter Paradise without the body, and so the righteous cannot in fact enter Paradise until the final Resurrection, when the body and soul will eventually be reunited; in the meantime the disembodied souls await the Resurrection just outside the boundary of Paradise in a state that other Syriac writers describe as "the sleep of the soul."

1. There came to my ear
from the Scripture which had been read
a word that caused me joy
on the subject of the Thief;¹
it gave comfort to my soul
amidst the multitude of its vices,
telling how He had compassion on the Thief.
O may He bring me too
into that Garden at the sound of whose name
I am overwhelmed by joy;
my mind bursts its reins
as it goes forth to contemplate Him.

RESPONSE: Hold me worthy that we may become heirs in Your kingdom.

2. I behold a dwelling there and a tabernacle of light,

¹Luke 23:39-43.

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